

**THE IOWA FIFTH JUDICIAL DISTRICT RECOGNIZED PROGRAMS FOR  
MEETING THE CHILDREN IN THE MIDDLE REQUIREMENTS  
UPDATED - JANUARY 2015**

\* Please note that any online children in the middle courses are NOT approved or certified for use in the Fifth Judicial District.

\* Classes in District 5 also approved for District 2.

Children in the Middle  
Mercy Franklin Center  
1750 48th Street  
Suite 2  
Des Moines, Ia 50310  
Contact: Mercy Nurse  
(515) 643-2584  
[www.mercydesmoines.org](http://www.mercydesmoines.org)

Children in the Middle  
Family Development Associates  
P.O. Box 11231  
Cedar Rapids, Ia 52410  
(800) 261-5097  
(Polk, Marion, Jasper Counties)

Counseling Center for Central Iowa  
Iowa Health System  
6000 University Avenue, Suite 200  
West Des Moines, Ia 50266  
(877) 242-8899  
(515) 241-2300  
[www.iowahealth.org](http://www.iowahealth.org)

Children in the Middle  
Boone County CARES, Inc.  
P.O. Box 514  
Boone, Ia 50036  
(515) 433-4893  
Email: [boonecountycares@ymail.com](mailto:boonecountycares@ymail.com)  
(Guthrie, Dallas, Madison Counties)

Children in the Middle  
Southwestern Community College  
Adult and Continuing Education  
1501 W. Townline Road  
Creston, Ia 50801  
(641) 782-1449 / 1441  
(800) 247-4023  
Emails: [cwhite@swcciowa.edu](mailto:cwhite@swcciowa.edu) or  
[worthington@swcciowa.edu](mailto:worthington@swcciowa.edu)  
(Creston, Osceola and Red Oak)

Southwest Iowa Families  
Children in the Middle  
215 E. Washington  
Clarinda, Ia 51632  
(712) 542-3501  
Email: [swfamilies@mediacombb.net](mailto:swfamilies@mediacombb.net)  
[www.southwestiowafamilies.org](http://www.southwestiowafamilies.org)  
(Clarinda)

Des Moines Area Community College (DMACC)  
Continuing Education  
2006 South Ankeny Blvd.  
Ankeny, Ia 50023  
(515) 964-6685  
Email: [lmkiester@dmacc.edu](mailto:lmkiester@dmacc.edu)

Center for Interpersonal Effectiveness  
2525 N. Ankeny Blvd., Ste. 113  
Ankeny, Ia 50023  
Jim Thorpe  
(515) 289-9136  
Email: [info@cie-ankeny.com](mailto:info@cie-ankeny.com)  
(Altoona, Ankeny, Newton)

Iowa Lutheran Hospital  
700 E. University Avenue  
Des Moines, Ia 50316  
(877) 242-8899  
(515) 241-2300  
(515) 263-5184 (Spanish available)  
[www.iowahealth.org](http://www.iowahealth.org)

Parenting Way, Inc.  
Children in the Middle  
1211 Vine Street, Suite 2140  
West Des Moines, Ia 50265  
(515) 225-9490  
(515) 279-5163 (fax)  
[www.parentingway.org](http://www.parentingway.org)

Journey Counseling and Consultation  
Ed Rhupert  
118 Hayward, Ste. 6  
Ames, Ia 50014  
(515) 292-9697  
(515) 232-7950  
[www.counselinggames.com](http://www.counselinggames.com)

Sullivan Counseling, LLC  
974 73<sup>rd</sup> Street, Suite 9  
Windsor Heights, Ia 50324  
(515) 443-4980  
Email: [sullivancounselingdsm@gmail.com](mailto:sullivancounselingdsm@gmail.com)

Parenting Solutions LLC  
165 Adventureland Drive NW (Holiday Inn Express)  
Altoona, Ia 50009  
(877) 665-2120  
[www.parenting-solutions.org](http://www.parenting-solutions.org)

Mary L. Jankowski, MA, LMHC, LMSW  
"After the Storm" Program \*  
7405 University Avenue, Suite 6  
Clive, Ia 50325  
(515) 277-1124  
FAX: (515) 277-6996  
Email: [mjank3p@gmail.com](mailto:mjank3p@gmail.com)

Angela Reed and Katelyn Backlin  
Children in the Middle  
509 N. Jefferson Way (Wells Fargo)  
Indianola, Ia 50125  
(515) 205-8496  
Email: [IndianolaCIB@outlook.com](mailto:IndianolaCIB@outlook.com)  
(Madison, Marion, Warren Counties)

\* The "After the Storm" program is approved for certification and attendance by divorced parents in the Fifth Judicial District who have a custody/visitation modification or a post decree contempt regarding custody or visitation before the Court. This program is not certified as a pre-decree "Children in the Middle" program.

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Center for Interpersonal Effectiveness also offers this program at the following locations:

Altoona Public Library  
700 Eighth Street  
Altoona, Ia 50009

Kirkendall Public Library  
1210 NW Prairie Ridge Drive  
Ankeny, Ia 50023

Johnston Public Library  
6700 Merle Hay Road  
Johnston, Ia 50131

Newton Public Library  
100 North Third Avenue West  
Newton, Ia 50208

To register at the above locations, call (515) 289-9136 or e-mail at [info@cie-ankeny.com](mailto:info@cie-ankeny.com)